

PARENT HANDBOOK EARLY CHILDHOOD EDUCATION PROGRAM



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EARLY CHILDHOOD EDUCATION PROGRAM CONTACTS

Early Childhood Education Program, UC Berkeley Administrative Office

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Administration

Executive Director

Darrell Whitacre: (510) 643-6144 dwhitacre@berkeley.edu

Associate Director Kristen Burmester: (510) 643-6145 kburmester@berkeley.edu

Facility Location, Center Directors and License Numbers

Clark Kerr Infant/Toddler Center & Preschool Bldg. 5 & 15 2601 Warring Street (510) 642-8442 Facility Numbers: 013421386 (I), 010216245 (T), 013420895 (PK) Center Director: Yelena Zakharyevich Site Coordinator: Leslie Craig

Dwight Way Child Development Center

2427 Dwight Way (510) 642-0104 Facility Number: 013421424 Center Director: Eufemia "Buena" Rowe Site Coordinator: Jane Esposito

Harold E. Jones Child Study Center

Contracts/Enrollment Coordinator

Marina Moreida: (510) 643-1482

moreida@berkeley.edu

2425 Atherton Street (510) 643-5449 Facility Number: 010212490 Center Director: Bonnie Sarr Site Coordinator: Vanna-Maria Kalofonos

Haste St. Child Development Center

2339 Haste Street (510) 642-8426 Facility Numbers: 013418965 (I&T)& 013418966 (PK) Center Director: Boris Alvarado Site Coordinator: Sasha Leveton

University Village-Albany

1123 Jackson Street Albany, CA (510) 827-1388 Facility Number: 013420548 Center Director: Iris Bradford Head Teacher: Laureana Medrano

Classroom Phone Numbers

Center Clark Kerr Child Development Center

Dwight Way

Harold Jones Child Study Center

Haste Street Child Development Center

University Village, Albany Child Development Center



Classroom	Phone Number
Infant	(510) 643-5527
Toddler	(510) 642-5313
Preschool	(510) 643-0267
Infant 1	(510) 642-6724
Infant 2	(510) 642-0066
Toddler 1	(510) 642-5579
Toddler 2	(510) 642-6293
Preschool West	(510) 643-5339
Preschool East	(510) 643-1244
Infant West	(510) 642-6618
Infant East	(510) 642-6605
Toddler West	(510) 642-6640
Toddler East	(510) 642-6639
Preschool West	(510) 642-6691
Preschool East	(510) 642-6688
Maple 1	(510) 527-1382
Maple 2	(510) 527-1387

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EARLY CHILDHOOD **EDUCATION PROGRAM**

WELCOME

Welcome to UC Berkeley's award-winning Early Childhood Education Program (ECEP). ECEP provides quality early care and education services to over 250 children (ages range from three months to five years old). The program is designed to serve young children of the UCB community, including students, staff, faculty and post-docs. Community families are also eligible to apply.

We have high expectations for all children and believe parents, teachers and the broader community are necessary for their Thank you for supporting your child's early development and the success in school and life. We view parents as critical partners in UC Berkeley Early Childhood Education Program. supporting children's optimal development while their children are in group care. Through partnerships with students and various campus departments, ECEP continues to serve the mission of the University with teaching, research and public service. We hope you enjoy your time with us, and look forward to working with you and your child(ren).

PURPOSE OF THIS HANDBOOK

Please use this handbook to familiarize yourself with our program, what to expect for your child in a group care environment and the policies and procedures which help us function at a high level. It is your responsibility to read and follow the policies outlined and to ask for help or explanation if needed.

ABOUT THE EARLY CHILDHOOD EDUCATION PROGRAM (ECEP), UC BERKELEY

ECEP is a department within Residential and Student Service Programs (RSSP), under the leadership of Student Affairs. Our program provides quality care and education for children of the UC Berkeley community, including faculty, students and staff. Our mission is to provide high quality early childhood education and child care services to enhance optimal growth and learning for your child. We believe high expectations for all children and positive attitudes and support from parents, teachers and the broader community are necessary for student success in school and life. We view parents as critical partners in supporting children's optimal development while their children are in our care.

ECEP serves children ages three months through preschool. The hours of operation are from 7:45 a.m. to 5:30 p.m, Monday-Friday. We are licensed by Title 22 of Community Care Licensing, and since we also serve low income students across our program with funding from the Department of Education, Title 5, we follow their requirements as well.

	We are proud of our child development programs, and realize
nd	that it is you, the parent, who has the most influence on your
2	child's development and education. Therefore, in order for your
	child to obtain the maximum advantage from our program, your
f,	help, participation and opinions are encouraged. We invite you
	to become an active participant in your child's program through
	the Parent Advisory Committee (PAC) that exists at each Center,
	fundraising and/or volunteering. We encourage you to talk to your
	child's teacher or call ECEP if you have any concerns or questions.



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OUR PHILOSOPHY

ECEP believes in building a working partnership with parents, family and the community to provide a child development program that nurtures a healthy sense of self-worth, fosters the development of skills in all developmental domains, encourages the development of independence and promotes diverse cultural values and acceptance.

We believe in providing a loving, supportive environment where well-trained, sensitive staff appreciate the uniqueness of each child. Staff should encourage children to feel empowerment over her or his life through independence, trial and error and successful challenges. Our program is based on sound early childhood education child development theory and practices, which are developmentally appropriate and child centered.



THE DIFFERENCE BETWEEN DAY CARE AND **CHILD DEVELOPMENT**

We value the importance of Early Childhood Education in our programs, as well as the staff who work here. Care is provided by teaching staff trained in developmentally appropriate practices for children. This means that the children are engaged in learning throughout the day, including lunch time, rest time, outside play, etc. In order for children to learn and be ready for school and life, staff must provide a safe, nurturing environment where children experience activities including sharing, exploring, testing limits, making mistakes and trying again.

CURRICULUM

ECEP believes children learn best through play, and our curriculum incorporates both teacher initiated and child-initiated activities as well as small/large group activities. Teaching staff in our infant and toddler classrooms support the primary care practices of the PITC philosophy (Program for Infant and Toddler Care). We feel that a child-centered program is most appropriate for children in our infant, toddler, and preschool programs. Our classrooms provide rich learning environments with ageappropriate yet challenging play equipment and materials, learning centers that encourage exploration and discovery, discussion, and child and adult interaction. Teachers plan activities based on children's interests and our goals for their learning of content and skills. Primary caregivers are assigned to infants and toddlers. All teachers and teacher assistants work to develop positive relationships with you and your child. It is the teacher's responsibility to keep you informed of your child's progress and keep the lines of communication clear and open. Teachers will conduct your parent conferences, your child's assessments and transitions to your child's next educational setting.

OUR GOALS FOR CHILDREN

Daily activities are designed to provide age-appropriate experiences in the following early childhood developmental areas:

Social/Emotional

- Getting along in groups
- Learning responsible behavior (e.g. sharing, cooperation)
- Respecting ethnic, cultural and age differences
- Expressing feelings appropriately
- Gaining positive self-image
- · Developing independence, initiative and trust

Cognitive/Language/Pre-Literacy

- Acquiring early language and literacy skills, including prereading and early writing skills for older children
- Learning numeracy (pre-math) and science concepts
- Increasing curiosity about the world through observation, exploration and experimentation
- Enhancing language skills and self expression through music, movement and interactive dialogue between peers and adults
- Promoting experimentation, inquiry, observation and exploration through play

Health

- Modeling good eating habits and nutrition
- Practicing good hygiene habits (including hand washing and toileting)
- Learning to balance adequate rest periods with activity times
- Sharing healthy, nutritious food throughout the day

Physical Development

- Developing large and small muscle skills
- Improving eye-hand coordination and perceptual skills
- Increasing body awareness
- Exploring and participating in rhythm and movement activities



DAILY PROGRAM ROUTINE AND SCHEDULES

Children thrive in a program environment that offers a variety of activities in a rich, well-equipped classroom with a consistent but flexible daily schedule. They depend on predictable routines and look forward to different parts of the day. Learning opportunities are available to them in unstructured and structured formats including free play/choice times, small or large group activities and routines such as eating, dressing and toileting/washing. Throughout all types of activities, the interactions between teachers and children are critical to children's learning, social, self-image and communication skills. Teachers strive to get to know each child's unique strengths and needs so they can provide individualized learning opportunities and guidance in a caring, supportive atmosphere.

During free play/choice periods, children may select one or more activities from the many learning centers, such as block building, dramatic play, art, music, books, manipulatives (like puzzles, building sets), science and nature study, outdoor activities and much more. They may play/work alone, with a friend or in a small group, with a teacher's guidance or independently. As they finish, they may choose another activity after putting away their materials or toys.

Circle time is conducted by the teacher or teacher assistant and may consist of planning or discussing the day's activities or



special events in school or the community, sharing experiences and belongings from home, singing songs and sharing an interactive story. Children have opportunities to get to know all their classmates as they learn new concepts and practice communication and social skills, such as taking turns. Music and movement activities may also be conducted during circle time.

Small group learning activities are planned and directed by teachers related to curriculum topics in the areas of language arts (e.g. letter recognition and sounds), mathematics (e.g. counting and sorting objects, measuring liquids), science (e.g. properties of magnets), art projects, cooking projects and sensory exploration for younger children.

Outdoor play is an essential part of the children's day, too. Children get vigorous exercise and gain physical strength, coordination and skills through running, climbing, ball play and cooperative games. For younger children this would include walks, exploring the environment and taking activities outside.

Routine activities such as snack or rest time, toileting and hand-washing are important opportunities for children to learn self-care skills, good health habits and independence.

As an urban city, Berkeley has many opportunities for exploration and excitement. As part of our program and curriculum, teachers may go on walks and field trips with children. Walking trips through our urban community include nature walks, trips to campus and locations in our neighborhood. We may also create portfolios for every child. All children are assessed experience heavy traffic. Parents must sign a consent form at the using the California Department of Education Desired Results beginning of each year for walking trips of 30 minutes or less. Developmental Profile. Our curriculum is reflective of the State's Field trips to specific locations must be planned in advance and required learning goals: parents will be given a consent form to sign for the specific field • Children are personally and socially competent trip event. Children who are not ready, cannot follow instructions • Children are effective learners to stay with the group, have difficulty keeping up with the group, • Children are safe and healthy become easily distracted for walking trips or field trips or children • Children show physical and motor competence whose parents have not given consent will stay at the center





Infants and young toddlers are cared for in a nurturing and stimulating environment using some of the primary care practices of the PITC (Program for Infant and Toddler Care) model of responsive caregiving, which incorporates observation, documentation and interpretation of a child's experiences. Their needs are attended to throughout the day, providing food, sleep, comfort and play as needed according to their temperament and comfort level. As children grow, more activities are added to provide stimulation and fun for children's developmental growth.

Infants and toddlers learn through exploring their environment, interacting with peers and adults, and expression of wants and needs through verbal and non-verbal cues. Our infant programs provide rich learning environments with nurturing staff who are in tune with the individual needs of each infant in their care.

All of the types of activities described above are planned during the children's day. See below for a typical classroom schedule:

PRESCHOOL AND OLDER TODDLER **PROGRAM SCHEDULE**

7:45	Greet children & parents, wash hands, health check
	quiet play
8:45	Wash for breakfast, eat, clean up
10:00	Circle time/large group time
10:30	Small group activities/outdoor play/clean up
11:15	Outdoor play/set up for lunch
12:00	Lunch
12:30	Story/outdoor play
12:45	Nap/rest time
2:30	End of rest time
3:00	Snack, free play, clean up
3:30	Large or small group time/project time
4:00	Outdoor play time
4:30	Large group/circle/story time
5:00	Games or quiet play/clean up
5:30	Center closes
CHILD	ASSESSMENTS
Teachers	and teacher assistants make observations and





After each assessment, the results are shared with the family during a parent-teacher conference. Parents are encouraged to continue the children's learning activities in the home with stories, outings, songs and helping around the house to teach important skills. Assessments are then used in program planning to assure optimal developmental growth of each child.

RESEARCH/OBSERVATION

Our programs incorporate a research component which may or may not apply to your child's classroom. If you are asked to have your child involved in any research activities, you will be notified ahead of time and you may choose to be involved. Qualified substitute teachers accompany the researcher and the child while they are involved in a research activity, typically described as "playing a game." Informal observations of classrooms by Early Childhood, Psychology, Sociology or Education students or University representatives may occur at any time without parent notification.

BEHAVIOR MANAGEMENT AND DISCIPLINE

An important aspect of learning in early childhood is how to interact appropriately with others, control one's own behavior and understand social rules. As children learn about the world and acquire social interaction skills (such as how to approach others and join play), they may exhibit "mistaken behavior" trying a strategy that's not suitable; may not be intending to "misbehave." At other times, children may act inappropriately to gain attention or for other reasons. In any case, we will not allow a child's behavior to continue if it appears that a child will hurt him/ herself, someone else or if property will be damaged. We believe that children learn acceptable behaviors by modeling the actions of those around them, including parents, teachers and other children.

We expect our teachers to implement this policy with techniques that help children learn positive strategies for interaction and problem-solving, understand the perspectives of others and why a specific behavior is not acceptable and to gain self-control. Discipline used by the ECEP teachers includes a variety of constructive techniques such as, redirecting children to other activities, counseling the child in a calm but firm voice about the situation, offering positive alternatives for behavior or gently separating the child from the group for a brief period of time. Physical punishment and humiliation are never permitted at our school, by staff, children or parents.

Discipline in our classrooms must be free from corporal or unusual punishment, infliction of pain, humiliation, intimidation, ridicule, coercion, threat, mental abuse, or other actions of a punitive nature, including but not limited to: interference with the daily living functions, including eating, sleeping, toileting, or withholding of shelter, clothing, medication or aids to physical functioning. This is the policy of UCB ECEP and California law.

Children with significant behavior difficulties, such as repeated hitting or biting other children or staff, will be observed and their behavior documented. Staff may confer at times with a mental health consultant to help determine causes and possible solutions to inappropriate behaviors. We will do our best to work with you and your child to improve any inappropriate behavior. Usually, a conference will be requested with parents to discuss possible methods of dealing with problem behaviors once staff has made several observations. Working with a child's behavior consistently at home and school is essential for improvement. Parents and staff must have shared understanding of the reasons for the behavior and strategies for managing it.

Referral to support services may be made by the teaching staff if unacceptable behaviors continue to occur. Parents may be asked to seek counseling or attend parenting class as a condition for their child to continue in the child development program. However, we do consider it in everyone's best interest to exclude a child or parent who exhibits a continuing problem that threatens the safety of other children, staff or the child. Classroom settings and group activities are not appropriate for all children. If we determine that our program is not appropriate for your child, or that you or your child constitutes a safety or legal hazard, we reserve the right to withdraw services.

HEALTH, COMMUNITY AND SOCIAL SERVICES

The ECEP staff will review your family's needs with you upon enrollment and on an annual basis in order to help you find resources you and your family may need. Berkeley has many resources both on the school site as well as near your child's school. Please feel free to discuss any needs for health (physical/
mental), social services, recreational or other needs with the
teacher, site coordinator, or center director. University Health
Services are available to faculty, staff and students. These may
include services for mental health, behavior, elder care, gender
and equity and work/life issues. Please access the UC Berkeley
website for more information.activities with other families. We also require that parents
maintain standards of confidentiality towards other families and
children enrolled in the program, respecting individual differences
and working to help provide a safe and supportive environment
for children, families, teaching and administrative staff.All parents who choose to participate in the classroom are

TEACHING STAFF

All teachers and teacher assistants, including substitutes who are needed for planned and unplanned leaves, are hired based on their education, experience, creativity, warmth and caring for children. We want to assure the highest quality care and education for your child. All teachers hold California Child Development permits and many have A.A., B.A. or Masters degrees. We encourage all staff to continue their professional development through college coursework, conferences and inservice training.

We receive a limited amount of funding from the California Department of Education and the federal government. In classrooms that serve low income students, we meet Education Code (Title 5) staffing requirements that exceed those in Community Care Licensing regulations (Title 22). Title 5 requires that for the majority of the day we maintain a 1:3 adult-to-child ratio in the infant rooms, 1:4 adult-to-child ratio in the toddler rooms; and 1:8 adult-to-child ratio in the preschool rooms. Our classrooms are typically staffed with two fully qualified teachers, one teacher assistant and student assistants.

For the safety of your child, references, physical health report (including T.B. clearance) and criminal record check are gathered upon hire for all paid staff.

SCHOOL CALENDAR AND HOLIDAYS

We operate year-round centers and observe university holidays. We also schedule professional development, clean-up/training days and allow for staff to transition during certain times of the year. A calendar for the year is provided to all parents upon enrollment and is subject to change with prior notice to parents. Please contact your child's teacher or the enrollment office for any questions you may have regarding the ECEP calendar. Our calendars and instructions on how to add the calendar onto your Google calendar are on our website: <u>https://ece.berkeley.edu/ resources</u>.

PARENT PARTICIPATION AND INVOLVEMENT

Your direct involvement with your child's classroom will increase the benefits he/she derives from the program. ECEP has an open door policy to encourage parents to participate in the daily activities whenever possible. Please offer your time, your talents and donations to the classroom and attend evening or weekend



All parents who choose to participate in the classroom are required to provide vaccination records for influenza, measles, mumps, rubella, pertussis (whooping cough) as well as proof of TB clearance.

Here are some ways parents can be involved:

Parent participation in the classroom can be scheduled through your classroom's teacher. One hour per week in your child's classroom can be beneficial to your child as well as help the teachers to create a stimulating and fun environment for all of the children. All volunteers work under the direct supervision of teachers. Please ask how you can become involved in the program. If you are unable to participate directly due to scheduling conflicts or other circumstances, you may be able to take materials home or contribute in another way. Please consult your child's teacher or the site coordinator for scheduling.

Parent-teacher conferences are held at least twice per year. Teachers are also available to meet with you more often at your convenience to discuss your child's progress or address a concern that may arise. We encourage ongoing communication between the staff and parents. Please feel free to ask questions about our program, or make suggestions, which you feel would enrich your child's experience at school. The parent-teacher conference is a time to learn more about your child's activities in school, developmental progress and ways you can support your child's learning and readiness for kindergarten. Matters regarding child and parent conferences are to be kept confidential.

Parent Advisory Committee (PAC) consists of parent representatives who meet at each ECEP center approximately once per month. They make recommendations regarding the operation of the program to the center director. They also may plan ceremonies, family activities, fundraising and other events. See your center director if you are interested in serving as a PAC representative.



CODE OF CONDUCT FOR PARENTS

When parents are volunteering, visiting classes or assisting with meal service or field trips, they are expected to:

- Treat children with respect, compassion and empathy
- Understand how to support children's rights
- Support an environment that promotes health and safety
- Model cooperation and concerned communication
- Promote children's self-esteem through positive guidance
- Respect children's choices and self-expression
- Lead child activities only in coordination with teaching staff

Parents are expected to respect children's rights by not expressing physical affection or disciplining children other than their own. Please remember that it is the teacher's role to manage the classroom. If you are volunteering, check with the teacher for guidance and protocol.

POLICIES AND PROCEDURES

Arrival and Departure from the Classrooms

Children must always be brought into the classroom by a parent or an authorized adult and be signed in. You must record the correct time and legibly sign your name on the signature page in the sign-in binder when you bring your child in and at the end of every day. We will ask you to provide us with a sample of the signatures that will be used to sign-in and sign-out your child from our program. Licensing requests that parents sign a full name, or first initial and last name.

We encourage you to spend a few minutes in the classroom with your child before you leave for the day. Never leave your child unattended. Please inform the teacher of any medication or special circumstances that may affect your child during the day (e.g. poor night's sleep, upsetting event at home). If medication is provided, the child's name must be on every item and a current prescription is required for every item, including over-the-counter medicine, with a written doctor's note describing the procedure for staff.

Please note that **smoking** and **pets** (other than classroom pets) are never allowed on the premises (medical alert dogs are the exception).

Children are expected to arrive by 9:00 a.m. in order to participate in the organized learning activities, and so we can get an accurate count for lunch and snacks. If your child will be late or absent, please notify the classroom before 9:00 a.m. This allows us to accurately plan for meals and staffing. If your child will be out for a period of time (e.g. vacation or illness) you should notify your child's teacher. Please leave your child home if he/she is ill (see Policy Regarding Sick Children).

Any absence of 5 or more consecutive days due to illness will require a doctor's note to return to school.

Sign out at the end of the day and let staff know that you are taking your child home. Take a few minutes to look over your child's work and talk with the teacher about your child's day. Please do not leave your child unattended, once you have signed out. Anyone who is not known by the staff will be asked to show a valid driver's license or other photo identification. Persons not authorized by you on your child's emergency card will not be permitted to take your child from the center. Children will not be released to anyone under the age of 18, or to anyone who is suspected to be under the influence of drugs or alcohol or who may be considered a danger to the child. Those parents who may have custody issues should consult with an attorney regarding legal protection for their children. Parents must provide us with any court orders so that we can call the police to enforce their legal rights should the need arise.

Late Pick-Up

Our centers close promptly at 5:30 p.m. It is imperative that your child be picked up by the end of your child's class session for staffing reasons. Parents who pick up their children after the center closes, regardless of reason (traffic, etc.) will be assessed a late fee of \$5.00 per minute. Excessive and/or continual late pickup may lead to termination from the program. Staff have their own personal commitments to meet and need to leave on time.

If you expect to be late picking up your child, call the center

immediately. You will need to arrange for another approved adult to come for your child. Children left at the center a significant time after closing are considered, by state law, to be abandoned. We will make every attempt to call those persons listed on your Emergency Card if you haven't picked up your child or called the center. Check the program calendar for early closure dates and times.

If you expect to be late picking up your child, call the classroom immediately.





Rules for Driving/Riding Safety and Conduct

on your child's medical form and bring a note from the child's All drivers should drive slowly and park only in legal curb-side or doctor upon entrance to the program. parking lot spaces. Do not double park or park in neighborhood driveways, restricted, handicapped and no parking (red) zones. Due to severe peanut allergies, our centers adopted a Zero Nut It is against the law to leave children alone in parked cars. Also, Policy. We do not serve any foods that contain nuts (e.g. peanut do not leave purses or valuables in open or unlocked cars. Please butter) or coconuts and discourage foods coming into the respect the needs of all parents by making your time at drop off/ centers that contain nuts or coconut. pick up as brief as possible.

Please be aware of the parking options at your child's center. Each center may or may not have drop-off/pick-up areas designated and available for parents. ECEP is not responsible for any citations given to parents for parking violations. Most of our centers are easily accessible by public transit. Bicycle parking and stroller storage is also available at most sites.

Child Safety Seats

Children under 2 years of age shall ride in a rear-facing car seat unless the child weighs 40 or more pounds -or- is 40 or more inches tall. The child shall be secured in a manner that complies with the height and weight limits specified by the manufacturer of the car seat (California Vehicle Code Section 27360). Children under the age of 8 must be secured in a car seat or booster seat in the back seat.

Pedestrian Safety

Be aware that the University of California is a student environment with both experienced and inexperienced drivers and many distractions. Give the right of way to cars or bicyclists that may exhibit unsafe behavior such as speeding, rolling stops, ignoring traffic signs, etc. Look both ways before crossing the street. Watch for distracted drivers (cell phones, texting). Make eye contact with drivers prior to crossing. Be aware of your surroundings. Make sure you are in control of your child.

In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 800-795-3272 or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.



NUTRITION PROGRAM & MEAL SERVICE

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Providing nutritious meals, snacks and introducing new foods to the children are important aspects of our nutrition program. As part of our curriculum, we do food preparation activities and teach basic nutrition information. Infants are provided with breast milk or formula and age appropriate baby foods. In our toddler and preschool programs, we serve breakfast, lunch and an afternoon snack. Parents who do not want to participate in our meal programs are welcome to provide lunch and snacks from home. Menus are posted in the centers and on our website (https://ece.berkeley.edu/menus). Meals and snacks must meet minimum requirements for food components and quantities under the USDA Child Care Food Program. Children are not allowed to bring "junk food" such as gum, donuts, chips or candy.

For the safety of your child, you must indicate any food allergies

BIRTHDAYS AND SPECIAL EVENTS

Birthdays and holidays are special times for children and for our program. We encourage you to take part in the celebrations if you wish by bringing a treat (food item) for all of the children in the classroom. Please talk with your child's teacher in advance to find out what is appropriate to bring. Let the teachers know if it is your wish for your child not to celebrate events due to religious, cultural or other reasons. If you prefer that your child not participate in a planned activity (such as Halloween, birthdays or Valentine's Day), you should make other arrangements for the care of your child. Our teachers respect individual diversity, and will do their best to make your child comfortable in the classroom regardless of their participation in celebrations.

CLOTHING AND NAP EQUIPMENT

Dress your child for comfort and for active play. It is likely that your child will come home with dirty, painted or torn clothes at times. Children's freedom to play and learn is more important to us than clean, neat and tidy clothes at the end of their day. Children are required to bring a change of clothing to keep at the center. This will ensure that your child will have dry clothes available after water play or an accident that may occur during the day.

Provide tennis shoes or other closed shoes so that your child may climb and run safely. Please be sure your child's shoes and



Clothing Reminders:

Dress your child for comfort and for active play.

Children are required to bring a change of clothing to keep at the center.

Provide tennis shoes or other closed shoes

Label the inside of your child's clothing

clothing fit well, as poorly-fitting shoes and clothes can cause accidents. For safety reasons, open-toed, plastic, backless shoes, slippery soles, and thongs/flip flops are not allowed.

Label the inside of your child's clothing with permanent ink or name labels (especially jackets, sweaters, gloves and hats). We encourage children to care for their clothing, but we do not take responsibility for clothing that is lost at the center. Occasionally, your child may wear another child's clothing or shoes home by mistake. If this should happen, please return the clothing the next day.

All preschool and toddler children must either take an afternoon nap or rest quietly on cots/mats we provide. Each child is provided with a sheet for nap time. If your child has a special toy/pillow or blanket, please discuss this with the teacher in the classroom, and we will do our best to accommodate your needs.

Children's Personal Belongings

Your child may bring special items (toy, stuffed animal, photograph, etc.) to share on the teacher's designated Share Day. Talk with the teacher about the appropriateness of an item if you're not sure. Shared items will be stored in children's cubbies when not in use. Items in a child's cubby are limited to what will fit without touching items in the adjacent cubbies.

Candy, gum, money, balloons, and violent toys (such as guns) must be left at home. We will not be held responsible for lost jewelry, toys, or other personal items.

Children often take small things home with them to remind them of their school. If you find any small toys, Lego's, puzzle pieces or other items that belong to the school, please help your child return them to his/her classroom.

CHILD ABUSE REPORTING

Our staff is required to report to the University of California Police Department (UCPD) and Children's Protective Services any unusual marks or injuries on a child, and statements made by, or behavior of a child that may indicate abuse or neglect. Please understand that this is not an option for our staff. It is our obligation as mandated reporters (California Penal Code Section 11166) and all staff must sign forms indicating their understanding of the requirement. Our staff complete an online Mandated Reporter training course upon hire and also sign and follow UC Berkeley's CANRA policy.

PREVENTION OF ILLNESS

Young children in group settings tend to be exposed to colds and other contagious illnesses since they haven't developed immunities yet and are still learning good health habits. Most illnesses are spread by hand contact, not from cold weather. Hand washing has been shown to be the most effective means of keeping children and adults healthy. We help children to practice good habits of hand washing, using and disposing properly of tissues, covering the mouth when sneezing, etc. Families can assist by doing the same at home as well as by keeping the child home if they are showing symptoms of illness. Please thoroughly wash your hands and your child's hands when entering your child's classroom each day.



POLICY REGARDING SICK CHILDREN

California law (Section 81075.1) states: "The licensee shall be responsible for ensuring that children with obvious symptoms of illness, including but not limited to fever or vomiting are not accepted..."

ECEP Policy: Children may not attend the program if:

- A. An illness prevents the child from participating comfortably in facility activities;
- B. An illness results in a greater care need than the child care staff can provide without compromising the health and safety of the other children;
- C. The illness poses a risk of spread of harmful diseases to others; or
- D. The child has any of the following conditions:
- a. **Temperature:** Oral temperature of 101°F (or ear 100.4°F) or greater; accompanied by behavior changes or other signs and symptoms of illness until medical evaluation indicates inclusion, or child is 24 hours fever free.



- b. Symptoms and signs of severe illness such as unusual lethargy, uncontrolled coughing, irritability, persistent cry difficulty breathing, wheezing or other unusual signs unti medical evaluation indicates inclusion.
- c. **Uncontrolled diarrhea**, that is, increased number of stor increased liquid, or decreased form that is not contained the diaper, until a normal bowel movement occurs.
- d. Vomiting illness (two or more episodes of vomiting in th previous 24 hours) until vomiting resolves or until a health provider determines the cause to be non-communicable, and the child is not in danger of dehydration.
- e. **Mouth sores** with drooling unless a healthcare provider health official determines the condition is noninfectious.
- f. Rash with fever or behavior change, until a health care provider determines that these symptoms do not indicate communicable disease.
- g. Scabies, head lice, or other infestation, until treatment has been initiated. For lice, head inspection at arrival must show child to be nit-free.
- h. **Tuberculosis, or positive TB test result**, until a health ca provider or health official states that the child can attend child care.
- i. **Impetigo** (bacterial skin infection), until treatment has be initiated.
- j. Strep throat or other streptococcal infection, until 24 hours after antibiotic treatment of condition and 24 hr fe free.
- k. **Chicken pox**, until 6 days after the onset of rash or until of the scabs have dried and crusted.
- I. **Pertussis** (whooping cough), until 5 days of appropriate antibiotic treatment.
- m. **Mumps**, until 5 days after the onset of parotid gland swelling.
- n. **Hepatitis A virus**, until 1 week after the onset of illness or as directed by the health department when passive immunoprophylaxis has been administered to the appropriate children and staff.

	 Measles, until 4 days after the onset of rash.
/ing,	p. Rubella, until 6 days after onset of rash.
	 q. Ringworm (fungal skin infection), if lesion cannot be covered.
ols,	r. Purulent conjunctivitis (defined as pink or red
in	conjunctivitis with white or yellow discharge) until 24 hours after treatment has been initiated.
ne	s. Unspecified respiratory illness, severely ill children with
:h	the common cold, croup, bronchitis, pneumonia, and otitis media (ear infection).
	t. Respiratory syncytial virus, must be kept from infant and
or	toddler classrooms until medically released by a physician.
	Children may return when no longer contagious. They must
e a	be able to participate in normal class activities including
	outdoor play. A child who appears to staff to show signs of
t	illness may be excluded from class and may have to be taken
st	home. Staff should communicate with parents through daily
	notes or posting exposure notices. It is our program policy to
are	post exposure notices on classroom doors when we discover
1	that children may have been exposed to a contagious illness at
	the center. Please check for these notices, since you will need to
een	watch for symptoms in your child, and may want to consult with your doctor if you are pregnant regarding your exposure.
ever	In the very rare circumstance that a contagious outbreak occurs
	causing the majority of a classroom to be out sick at one time,
all	the program reserves the right to close a classroom, to maintain
	the health and well being of other children/staff at that center.
	Please call your child's teacher by 9:00 a.m. if your child will

Please call your child's teacher by 9:00 a.m. if your child will be out for the day. Parents are required to call the center immediately to report contagious conditions.

Any absence of 5 or more consecutive days due to illness will require a doctor's note to return to school.





ECEP MEDICATION ADMINISTRATION POLICY

ECEP follows the recommendations of both the National Association for the Education of Young Children (NAEYC) and the American Academy of Pediatrics.

ECEP requires that parents/guardians assume the responsibility of administering any necessary medications their child may require and informing the teaching staff what they have been given prior to drop-off. We further expect that the first dose of any new medication given at home be observed at home so that side effects (i.e. drowsiness, diarrhea etc.) can be identified and communicated to us prior to care. We discourage the use of over the counter medications that only treat symptoms of illness, when a day or two of rest at home might be what is needed most. We do realize that during the long child care day we may need to administer some medications in your absence with a written doctor's note describing the procedure for staff.

Medication Administered in All of Our Child Care Centers:

1) Medication Card signed and completed

- a) Requires Parent/Guardian to complete and sign an ECEP Medication Card and hand it directly to the child's teacher/caregiver together with the medication and an administration device (spoon, cup) with clearly marked measurements, if in liquid form.
- 2) Original labeled container
- 3) Requires that all medication must be in original, child-proof container and every item must be labeled with the child's name and stored out of reach of children
- a) Requires medication containers and dispensers will be stored out of the reach of children and in a lockable cabinet/ container, or refrigerator if necessary.
- 4) Maintain Written Records
- a) Requires a written record (on white card) of administration times, amount given and confirmation to the parent that the medication was given. Completed medication cards will be kept in the child's record file.
- 5) Medication Administered as Prescribed
- a) Requires prescription medication to be administered in accordance with the pharmacy label directions as prescribed by the child's health care provider. Instructions from the child's parent/guardian shall not conflict with the

label directions as prescribed by a health care provider. If possible, parent/guardian should provide patient information sheets, available at the pharmacy, for each prescribed medication listing side effects and what to do if a dose is forgotten.

- 6) Written Procedures for Special Medications
- a) Requires special medications authorized by a health care provider's order for acute or chronic conditions such as allergic reactions and asthma should in addition to the above be accompanied by a written plan of administration, as well as step by step procedures for staff to follow in identifying reactions to be alert for in the child's behavior or physical condition. Special Community Care Licensing (CCL) forms for nebulizer/inhaled meds are available for parent/ guardian to complete at the center.
- 7) Permission Required for Over-the-Counter Medications
- a) Requires that non-prescription (over-the-counter) medications only be administered with approval or written instructions from the child's health care provider. The health care provider can provide this approval by fax or in writing to the center if necessary. OTC medications will only be dispensed in accordance with the product label directions. Instructions from the parent/guardian shall not conflict with above directions.
- 8) Returned or Disposed of when No Longer Needed
- a) When no longer needed by the child, or when the child withdraws from the program, all medications should be returned to the child's parent/guardian or disposed of after an attempt to reach a parent/guardian.

Program Safeguards to Prevent Medication Errors

Each classroom will assign a primary teacher, if possible, to administer medications at the specified time. This staff person will be designated to handle all medication administration and record keeping. Student staff will not dispense medication. A second staff person will be designated to confirm that administration occurred.

All center personnel who administer medication to children will receive special training, as necessary, to assure safety is maintained.

If a medication is crucial (i.e. prescription medication) and has been left at home, the parent/guardian will be required to bring in before the child will be admitted for the day.

Sunscreen and Topical Ointments

Sunscreen, diaper creams, lotions, and insect repellent will be administered with the advance written & dated permission of parent/guardian. The child's name must also be labeled on the items. Sunscreen will be reapplied as needed.

Handling Emergencies

If a child becomes sick or is injured while at the center, parents will be notified immediately. If your child needs immediate medical attention and you cannot be reached by phone, a staff person will call 911 for immediate medical attention. It is important that you provide us with an up-to-date list of contain for people who are available to pick up your child in case of emergency. For your child's health and safety, it is important the you notify us immediately if there are changes during the year your work or home phone numbers or contact information for others listed on the emergency card.

In the event of an earthquake or other major disaster, parents may not be able to contact the center by phone. Staff will rem with the children at the center until they are picked by you or adult designated on the emergency card unless they have been evacuated from the center. A Center Disaster Plan is posted in each classroom, and fire and earthquake drills are conducted regularly with the children so they will know how to respond and follow instructions in emergency situations. Please becom familiar with the evacuation location listed in your classroom i case of relocation of the center.

Family emergency forms are also kept at the ECEP office, and list-serves for each center are created using the e-mail address from this list. Parents and staff may be sent information by e-r in an emergency or regarding a health or safety issue concerning the center. We recommend that parents sign up for the UCB Warn Me alert system (https://warnme.berkeley.edu/).

ECEP WELCOMES ALL CHILDREN,

REGARDLESS OF DISABILITY. ECEP will make reasonable accommodations as required by the Americans with Disabilities Act in order to serve all children and their families. Children with special needs are encouraged to integrate into the classrooms. Please provide us with your child's Individualized Education Plan/Individualized Family Service Plan (IEP/IFSP) or other documentation regarding his/her special needs to help us provide the best services possible to meet his/ her needs. Children are accepted into the center as long as the staff is able to accommodate his/her needs.

g it	 Reasonable accommodations, to meet the requirements of the Americans with Disabilities Act, will include but are not limited to the following: Classrooms and bathrooms will be made accessible to all children and adults Equipment would be obtained to meet the physical, social and psychological needs of the child
se	 Meals would be served and prepared to meet the needs of individual children, including substitutions for food allergies and blending for children who cannot tolerate whole pieces Consultation with Speech, Mental Health Specialist or
S	Educators will arranged when there is a concern about a child enrolled in ECEP
cts hat in r	ELIGIBILITY AND ENROLLMENT Enrollment is open to University faculty, staff, students and community members. Children and parents are welcome to all services regardless of sex, sexual orientation, gender, ethnic group identification, race, ancestry, national origin, religion, color, mental disability or physical disability. We are also open to full participation to families with limited English proficiency. As a public agency, our programs refrain from religious instruction and worship.
an n	Availability of openings in our program is dependent on the following:
e	Age of the child
n	Family/program eligibility requirements
	Place on the waiting list
ses nail ing	Licensed capacity at the center
	Eligibility for subsidized spaces is determined by guidelines for

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state and federal funding sources (see More Information about State Subsidized Spaces (Financial Assistance)). We are required to obtain documentation from parents seeking to qualify for subsidized fees. Documentation may be requested to determine eligibility and need, including but not limited to: income verification (e.g. tax return), family size, birth certificates, place of residence, class schedules, verification of successful completion of classes and verification of employment.



PAYMENT OF FEES

Fees are due on the 1st of each month, in advance of service, and are considered late if paid after the 5th of the month. Late fees will be charged at the rate of up to \$50 per month for (full fee families) each month fees are delinquent. After 30 days, any unpaid fees will be subject to collection fees. Chronic late payment may result in termination of your child(ren)'s placement in our program. It is your responsibility to contact ECEP if you have not received a monthly invoice.

PARENTS REQUESTING WITHDRAWAL

If a child is withdrawn from the program at any time before the end of the ECEP school year for any reason, other than medical (in such a case a written note from a licensed medical provider stating that withdrawal from center-based childcare is recommended due to a child's serious illness or injury), parents must provide a minimum of 30-day advance written notice to both the center director and Admissions Coordinator. Email notification is highly recommended to ensure date and time notation. Please note that such a withdrawal automatically cancels the child's place for the next school year even if an advance payment was already made.

EXCUSED ABSENCES

Excused absences include: sickness of the child or sibling, sickness of parent, doctor's appointment, family emergencies (see below), quarantine, court ordered visitation (documentation required). Parent or teacher signature and specific reason for absence is required for all excused absences.

BEST INTEREST DAYS

Families (except Children's Protective Services referrals) may be allowed up to 10 best interest days per year. Best interest days include:

- 1. Vacation
- 2. Cultural holiday or events
- 3. Religious service or events
- 4. Spending time with grandparents, aunts, uncles
- 5. Special trips, museums, zoos, other cultural experiences or travel
- 6. Any day the child stays home and is not sick

FAMILY EMERGENCY ABSENCES

Family emergency absences are allowed only upon approval from the ECEP Executive Director. The Executive Director may extend the family emergency absence on a case by case basis. Family emergencies include, but may not be limited to:

- 1. Death or illness of child's close relative that would take the child out of the home. Be prepared to provide verification upon return to school, if requested.
- 2. Natural catastrophes (flood, fire, earthquake, etc.)
- 3. Transportation difficulty or car accidents
- 4. Funeral or memorial service

UNEXCUSED ABSENCES

Unexcused absences are days when the child does not attend the program and is not sick, is not using best interest days, nor has a family emergency. The program does not receive state reimbursement for unexcused absences. For this reason, the ECEP will not accept more than 3 unexcused absences per school year, and this may constitute grounds for termination.



TERMINATION OF SERVICES

Termination of services can occur for the following reasons:

- Failure to pay child care fees, including late pick-up fees, on a timely basis
- Aggressive or abusive behavior by a parent or child, either physical or verbal (ie: threats, slander, or obscene language) towards children, staff or other personnel
- Failure to adhere to UC Berkeley policies, to follow policies as outlined in the parent handbook, or to comply with Community Care Licensing requirements
- Failure to provide necessary documentation and paperwork as mandated by the government, funding sources or by our program
- Failure to provide verification of child's physical exam within 30 days or to provide updated immunization records as needed
- Fraud including falsifying any documentation presented to the program regarding eligibility

Group program settings and activities are not appropriate for all children. If we determine that our program is not appropriate for a child or that the parent or child constitutes a safety or legal hazard to the child, other children, staff, or the program, we reserve the right to terminate services.

UC Berkeley ECEP shall give a minimum of 14 calendar days notice of termination of services for subsidized families. Please refer to the Notice of Action form for a full explanation of the procedures for parent's to appeal.

GRIEVANCE AND COMPLAINT PROCEDURES

Parents or other concerned adults who have a complaint or concern regarding ECEP should follow the following procedure:

- 1. Meet with the classroom teacher or site coordinator initially to resolve any classroom specific conflict.
- 2. If you are uncomfortable or unable to resolve the issue with the teacher or site coordinator, contact the center director.
- 3. Next, contact the ECEP executive director at (510) 643-6144. If the ECEP executive director is unable to resolve the grievance, the parent or adult should contact the associate chief operating officer of RSSP in writing.

PARENTS' RIGHTS

You have the right to review your child's file and/or request a conference with the ECEP Executive Director regarding any action that is taken by the center in regard to your child's services or to discuss any concerns you have with your child's teacher by asking for a parent/teacher conference (in addition to those regularly scheduled to review children's progress). Other rights of parents are specified in state law. As a Parent/Authorized Representative, you have the right to:



- 1. Enter and inspect the child care center without advance notice whenever children are in care.
- 2. File a complaint against the licensee with the Community Care Licensing office and review the licensee's public file kept by the licensing office.
- 3. Review, at the child care center, reports of licensing visits and substantiated complaints against the licensee made during the last three years.
- 4. Complain to the licensing office and inspect the child care center without discrimination or retaliation against you or your child.
- 5. Request in writing that a parent not be allowed to visit your child or take your child from the child care center, provided you have shown a certified copy of a court order.
- 6. Receive from the licensee the name, address and telephone number of the local licensing office.

7. Be informed by the licensee, upon request, of the name and type of association to the child care center for any adult who has been granted a criminal record exemption, and that the name of the person may also be obtained by contacting the local licensing office.

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8. Receive, from the licensee, the Caregiver Background Check Process form.

NOTE: California State Law provides that the licensee (in this case, ECEP) may deny access to the child care center to a parent/authorized representative if the behavior of parent/authorized representative poses a risk to children in care.

CHILDREN'S PERSONAL RIGHTS

Each child receiving service shall have rights, which include, but are not limited to, the following under the law (Sections 80072 and 101223, Title 22, California Administrative Code):

- 1. To be accorded dignity in his/her personal relationship with staff and other persons.
- 2. To be accorded safe, healthful and comfortable accommodations, furnishings and equipment to meet his/her needs.
- 3. To be free from corporal or unusual punishment, infliction of pain, humiliation, intimidation, ridicule, coercion, threat, mental abuse, or other actions of a punitive nature, including but not limited to: interference with the daily living functions, including eating, sleeping, or toileting, or withholding of shelter, clothing, medication or aids to physical functioning.
- 4. To be informed and to have the authorized representative informed by the licensee of the provisions of law regarding complaints including, but not limited to the address and telephone number of the licensing agency's complaint receiving unit, and of information regarding confidentiality.
- 5. To be free to attend religious services or activities of his/her choice and to have visits from the spiritual advisor of his/her choice.
- 6. To leave or depart the facility at any time, with a parent or guardian, except for house rules for the protection of clients or for minors and others from whom legal authority has been established.
- 7. Not to be locked up in any room.
- 8. Not to be placed in restraining devices without advance approval by the licensing agency and the parent.





RIGHTS OF THE LICENSING AGENCY

Our centers adhere to rules and regulations which are set by the California Department of Social Services, Community Care Licensing. We operate under a separate license for each center. The local licensing agency may be contacted at the following:

Department of Social Services/Community

Care Licensing Child Care Office 1515 Clay Street, Suite 1102 Oakland, CA 94612-1403 (510) 622-2602

Child Day Care General Licensing Requirements (Section 101195) state that:

- "(b) The Department of Social Services shall have the authority to interview children and staff, and to inspect and audit child or center records without prior consent.
- (c) The Department of Social Services shall have the authority to observe the physical condition of the children, including conditions which could indicate abuse, neglect, or inappropriate placement and to have a licensed medical professional physically examine the children."

PARENTAL APPEAL PROCEDURES (STATE SUBSIDY ONLY)

If a parent on State subsidy disagrees with the proposed action stated on the required Notice of Action form, which is provided to the parent, the parent may file a request for a hearing with the ECEP Executive Director to appeal the decision. If the parent is not satisfied with the decision by the ECEP Executive Director, they may appeal to the State. The appeal process is also listed on the back of each Notice of Action form.

MORE INFORMATION ABOUT STATE SUBSIDIZED SPACES (FINANCIAL ASSISTANCE)

Eligibility

In order to qualify for a subsidy, parents must prove both the eligibility and need criteria.

Eligibility Criteria

- 1. Family is on public assistance
- 2. Family is "income-eligible" per state guidelines
- 3. Family is homeless
- 4. Child is referred by Children's Protective Services or is at risk for abuse/neglect (specific documentation required)

Need Criteria

- 1. Child Protective Services or other professional determining a child is at risk of abuse/neglect identifies a need for care
- 2. The parents and any other adult counted in the family are any of the following:
- a. Student of UCB
- b. Employed or seeking employment
- c. Homeless and seeking permanent housing
- d. Parent is incapacitated (documentation needed)
- e. Participating in vocational or educational training

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APPENDIX

The UC Berkeley ECEP Uniform Complaint Procedures (State Subsidy only) It is the intent of the UC Berkeley ECEP to fully comply with all applicable state and federal laws and regulations. Individuals, agencies, organizations, students and interested third parties have the right to file a complaint regarding the UC Berkeley ECEP alleged violation of federal and/or state laws. This includes allegations of unlawful discrimination (Ed Code sections 200 and 220 and Government Code section 11125) in any program or activity funded directly by the state or receiving federal or state financial assistance. Complaints must be signed and filed in writing with the State Department of Education.

Child Development Division

Complaint Coordinator 1430 N Street, Suite 3410 Sacramento, CA 95814

If the complainant is not satisfied with the final written decision of the California Department of Education, remedies may be available in federal or state court. The complainant should seek the advice of an attorney of his/her choosing in this event. A complainant filing a written complaint alleging violations of prohibited discrimination may also pursue civil law remedies, including, but not limited to, injunctions, restraining orders, or other remedies or orders.

ECEP Civil Rights and Complaint Procedures for Child Nutrition Programs

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office or call (866) 632-9992 to request the form. You may also write a letter containing all the information requested in the form. Send your completed complaint form or letter to us by mail to the U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442, or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish)

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PARENT HANDBOOK EARLY CHILDHOOD EDUCATION PROGRAM

